

May 24, 2018

Dear Parents:

Congratulations! Your child has been selected to represent NHS at the Ward Track and Field meet on Tuesday, May 29th, 2018 at the Assumption High School track. Please read the following information regarding the day:

8:45 - 9:00 Busses depart for Assumption track

9:30 Coaches meeting

10:00ish - Track meet begins

In past years, the Ward track meet extends beyond the school day and we are not back in time for the NHS bus runs. **Please make alternate arrangements to pick up your child at the Assumption track** (If at any time, you are taking your child with you from the track meet, one of the coaches needs to be notified) **by 4:30pm. There will be NO buses returning to NHS.**

Students will need to be dressed to be outdoors all day. Warmer and rain proof clothing should be included along with sunscreen, bug spray, and a hat. Snack, drinks, and a lunch will be needed. A concession will be available at the Assumption track.

All participants must stay on site for the entire meet. Students will NOT be permitted to run to the various fast food locations for lunch etc throughout the day. This poses a huge supervision issue for the few coaches that are attending and your child may miss their event if they are held up away from the track.

The PE staff recommends that the students eat healthy throughout the day until their events are completed. Staying hydrated (no pop) is important. Please start this road to health 24-48 hours prior to track day.

We expect that students will model behavior that exemplifies NHS values. Please be respectful to officials and other competitors. Please pick up your own garbage and **cheer on your team!**

For return times,

Thank you and good luck!

NHS PE Staff



PARENT APPROVAL FIELD TRIP FORM

F 260-3

The information on this form is collected pursuant to the FOIP Act, Sections 33(c), 39 1(b) & 40 1(c) to be used to organize and coordinate a school field trip.

SCHOOL INFORMATION: School Name: Nelson Heights School
Staff Member/Supervisor in Charge of Trip: Thomas

FIELD TRIP INFORMATION:

TRIP DESTINATION (Include overnight details if required): Assumption Track
TRIP DATE(S): Tuesday, May 29
CLASS(ES) or GRADE(S) INVOLVED: NHS Track team
TEAMS INVOLVED: _____
PURPOSE OF TRIP: Ward Track Meet
CHARGES TO STUDENT: \$ 8.00 pay school cash online
RISK DETAILS: _____
inherent bussing risks, trip fall, chalking,
weather related - heat issues, sunburn, insect bite
sport related - abrasions, sprains, strains, broken bones

SUPERVISION DETAILS:

Number of Supervisors to be taken on trip: 4
Contact Number for Supervisors: 780-573-6236

TRANSPORTATION DETAILS:

Method of Transport: _____ Walking: _____ OR
Contracted Service: _____ Company Name: Cold Lake Buses
Leased Vehicle _____ School Owned Vehicle: _____ Private Vehicle: _____ Driver(s) _____
Route Details: 5th St to 16 Ave to Hwy 28
Departure/Return Times: Leaving NHS at 9:00 AM **NO RETURN BUS**

PARENT APPROVAL for ~~X~~
STUDENT NAME: _____

NOTE: Parents must have ultimate authority in approving whether or not their child (if under the age of 18 years old) goes on the trip.

_____ I approve of my son's/daughter's attendance on this field trip and the planning regarding this trip.
_____ I am prepared to volunteer for this trip as a supervisor.
_____ **Telephone Number** where I can be reached on the day of the trip.

Information about my child that field trip personnel need to know for this excursion:
(Medical or other) _____

DATE 20 18 Parent Signature: _____

Track meet will end roughly at 4:30pm. There are NO BUSES returning to NHS at the end of the day. Please make arrangements to pick up your child at the Assumption Track area. Please indicate how your child will be picked up (by self or by other parent etc) _____